

You've got **Teladoc**.  
24/7 access to doctors  
by phone or video



You already have Teladoc as part of your Aetna benefits. Our U.S.-licensed doctors can diagnose, treat, and even prescribe medicine, if needed, for a wide range of medical conditions, including the flu, allergies, eczema, psoriasis, anxiety, depression, and much more.

### Set up your account, it's easy!

1



Create account

Use your phone, the app, or our website to create an account and quickly complete your medical history.

2



Request a visit

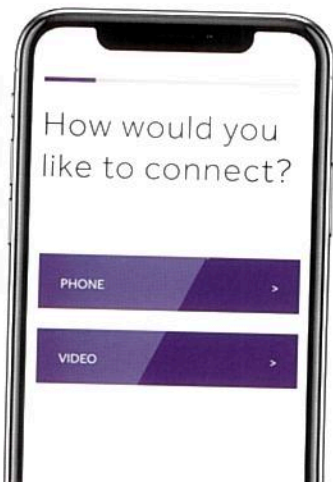
Use your device to request a visit and a Teladoc doctor will contact you at the requested time.

3



Feel better

Your doctor will diagnose your symptoms and even prescribe medicine if needed.



Download the app and talk to a doctor for \$40 or less

[Teladoc.com/myaetna](https://www.teladoc.com/myaetna) 1-800-Teladoc (835-2362)



# Your Aetna benefits include Teladoc.

24/7 access to doctors by phone or video

Our doctors can diagnose, treat, and even prescribe medicine if needed. Set up your account so you're ready when you need us.

## 24/7 access to quality care

Speak to licensed doctors on your time for a wide range of medical conditions from the flu, to pink eye, even allergies

## Care anytime, anywhere

Use Teladoc anytime—day or night—from home, while traveling, even during a lunch break at work

## Avoid sick days

Get the care and prescriptions you need quickly, so you can feel better, faster and avoid missing work

Your existing benefits:

**General Medical**      **\$40 or less/visit**

- Treatment for flu, allergies, bronchitis, and more

**Dermatology**      **\$75 or less/visit**

- Diagnose and treat skin conditions like eczema, psoriasis, acne, and more through images you upload

**Behavioral Health**

- Confidential counseling for depression, stress, anxiety, and more

**Therapist**      **\$80 or less/visit**

**Psychiatrist**      **\$160 or less/first visit**  
**\$90 or less/ongoing visits**

## Set up your **account**

Use your phone, the app, or our website to get set up

 [Teladoc.com/myaetna](https://www.teladoc.com/myaetna)

**Download:**

